

Caring for Loved Ones With Special Needs

If you are caring for a loved one with impairments in language, behavior, learning, and movement skills due to **ADHD, Asperger's Syndrome, Autism, cerebral palsy**, or an intellectual disability such as **Down Syndrome or Fragile X Syndrome**, Family First is here to support you. Our accredited Care Experts can help you understand and prioritize your caregiving responsibilities while maintaining your own physical and mental wellbeing.



Each Caregiving Scenario is Unique

Caring for a loved one with a developmental disorder is complex. Our Care Experts will meet you where you are in your caregiving journey.

Family First Helps Caregivers:

- + Develop a Caregiving Blueprint
- + Find Peer-to-Peer support, training, and education
- + Find social activities for your child in your local community
- + Guidance on development states from childhood to adolescence
- + See if a diagnosis qualifies your child for Early Intervention or other insurance benefits
- + Review medications